

Hapkido College 2011 June Newsletter



Danta



Danta is a sports martial art that focuses on the use of a stick and shield for attack and defence. The techniques and skills learned are an invaluable resource for any martial artist. It helps to develop speed, reflexes, and the all-important ability to detect the attack your opponent is throwing at you.

On Saturday (28th May) the Hapkido College of Australia had its first Danta training seminar and official competition ever!!!

It was a resounding success! Students were taken through the basics of striking and blocking, as well as reflex honing and speed training drills.

"Danta seminar was a fun and enjoyable way to learn and play!"

- Aydin Ercan (13 years old)

The training seminar was then completed by the running of the

first ever official Danta competition.

The students were divided into four groups, with the top competitor from each group moving onto the semi-finals. These four finalists were **Maks Z, Joshua S, Aydin E** and **Alexander S**.

Each of the competitors, though different in height and speed, demonstrated their grasp of their strengths. Competitors demonstrated agility, speed, cunning and technique in their quest for the honour of the title of Danta Champion.

With an outstanding effort by all, we were then presented with a clear winner. With the most wins in the end 16 year-old **Joshua Sullivan** took the title.

Congratulations Joshua and to all the others who competed! You are all a part of Danta history!

- Anthony Tow

JUNE Calendar

- **June Grading**
Saturday 11th June
Children 1pm
Youth/Adults 2.30pm
- **Demo Team Training**
Saturday 18th June
2pm - 4.30pm
- **Black Belt Training**
Saturday 4th June
2pm - 3pm
- **Instructor Training**
Saturday 4th June
3pm - 4.30pm
- **Sparring Class**
Saturdays (4th, 18th, 25th)
from 12.30pm - 2pm
- **DANTA Class**
Every Friday
Children at 5pm
Youth & Adults at 6pm

Orange

Joshua. Brandon. Gabriel. Hector. Giovanni. Justin Joshua. Jessica. Kyriakos. Luke. Alex. Eeva. Joshua. Joo Young. Kyle. Jordan (A). Aaron (A)

Yellow

Luca. Sapphire. Vincent. Eileen. Stephen. Louise. Ishay. Peter. Michael. James. Jason. Joseph (A). Ben (A)

Green

Bronson. Jason. Jack. Joshua. Hilary (A). James (A)

Blue

Lloyd. Jerico (A). Seng Hyun (A). Lukus. Justin. Pavle (A)

Purple

Alex (A). Ashlee (A). Rachel (A)

Red

David. Ryan (A). Michael (A). Tom (A). Su Hyeon (A). Jason. Jamie (A)

Brown

Co. Jimmy (A). Anthony (A). Sandra (A)

Black

Gavin (JB). Irene (1D1G). Giorgio (J2D). Kervin (J2D). Anthony (2D5G).

Congratulations to Justin S, Eileen L, Eeva A & Jason P for their terrific effort at Grading. This will earn them a Grading Merit award at this year's Annual Event

CHONJO Seminar held by Master Jinho GUAHK.

Master Guahk is a former Master of Hapkido, Taekwondo and Tai Chi Chuan.

He has trained in many styles and has taken the common elements and developed an internal energy system which unites body, mind and spirit.

"Chonjo is a total self defence program"

Saturday 2nd of July
2.30pm – 4.30pm
\$15 entry

Youth & Adults, and parents of students are welcome to participate!



Spots available!

- Want to be part of a team?
- Gain confidence?
- Perform in front of large audiences?
- Have access to specialised training every month?
- Learn advanced techniques?

JOIN DEMO TEAM NOW!!!